

What every citizen should have in the event of a disaster

DISASTER SUPPLY KIT

*Town of Falmouth
Local Emergency
Planning Committee*



EMERGENCY SUPPLY KIT

Prepare for at least 14 days

Every family should have an emergency supply kit ready to grab and go in the event of a disaster—such as a hurricane or flu pandemic—and every family member should know where the kit is located. The kit should be stored in a dry cool place. Water and food supplies should be replaced every 6 months to ensure freshness. Remember to review the kit annually and account for any changes in family needs. You will need to pack some essentials whether seeking shelter elsewhere or for evacuation. Plan on enough supplies for every family member.

Bring the following list with you to the store and pick up a few items each time you go grocery shopping:

- WATER - 1 gallon per person per day (2 quarts for drinking/2 quarts for food prep and sanitation)
- NON-PERISHABLE FOOD—ready to eat canned meats, fruits & vegetables, canned milk, juices and soup. 2-week supply per person in household.
- HIGH ENERGY FOODS - peanut butter, jelly, trail mix, granola bars, dried fruits.
- SPECIAL NEEDS FOODS—baby foods & pet foods, specialty foods for elderly or family member with allergies, if required.
- UTENSILS— manual can opener, disposable silverware, cups & plates (to avoid needing wash water).
- COOKING AIDS— sterno, camp stove

*****Every 6 months remember to change your stored water and rotate your stored food supply to ensure freshness*****

FIRST AID KIT— Sterile adhesive bandages in assorted sizes, 2 and 4 inch sterile gauze pads (4-6 each), hypo-allergenic adhesive tape, scissors, tweezers, needle, antiseptic, thermometer, safety pins, latex gloves, bug repellent, sun screen.

PLASTIC GARBAGE BAGS— with ties

PRESCRIPTION/ NON-PRESCRIPTION DRUGS— aspirin, non-aspirin pain reliever, anti-diarrhea medication, antacid, laxative.

Contact Number:
Emergency Operating Center
508-495-2602

Falmouth Fire Rescue
Non-Emergency Line
508-548-2325
Emergency Line
911

Falmouth Police Department
Non-Emergency Line
508-457-2526
Emergency Line
911

- or charcoal or gas grill for outside use only.
- BATTERY OPERATED RADIO – with extra batteries.
- FLASHLIGHTS- with extra batteries.
- SIGNAL FLARE AND WHISTLE
- UTILITY KNIFE
- PLIERS
- DUCT TAPE
- MATCHES—in water-proof bag
- SHUT-OFF WRENCH (to turn off household gas and water)
- SANITARY ITEMS— toilet paper, moist towelettes, instant hand sanitizer, feminine products, bucket with tight fitting lid.
- CLOTHING/BLANKETS— blankets, pillows, sleeping bags, sturdy shoes, wet and cold weather outerwear (rain gear, hats, gloves)